



**etto**<sup>®</sup>

# USERMANUAL BIKE HELMETS

NO 2-3

SE 4-5

DK 6-7

FI 8-9

GB 10-11

FR 12-13

IT 14-15

DE 16-17

NL 18-19

ES 20-21



Read the user manual closely before you start using your ETTO helmet.

**Thank you for choosing ETTO bicycle helmet.**

**Safety:**

It often ends up with speed and fall when children and grown-ups are bicycling or performing other summer activities that the helmet is meant for, therefore it is important to protect your head with a good and safe helmet. The equipment is treaded roughly sometimes and because of that ETTO bicycling helmets is designed to withstand harsh conditions, while protecting the users optimally.

**WARNING:**

Bicycle helmets will never guarantee 100% safety - show precaution when bicycling, skate boarding or roller skating.

**WARNING:**

The material of the helmet will react in contact with cleaning supplies, paint and other chemical additives. A helmet that has been exposed must be condemned and a new one should be purchased, even though the damage is not visible.

**Area of use:**

Helmet for bicycling, skate boarding and roller skating.  
Approved after European standards CE EN 1078+A1:02/2013 & UE 2016/425.

**Important:**

- A helmet that has been in an impact must be condemned and a new one should be purchased, even though the damages are not visible.
- Do not use ETTO helmets approved after EN 1078+A1:02/2013 & UE 2016/425 standards when playing, climbing or other activities that involves the risk of strangulation.
- The helmets different parts and components must not be removed or modified other than on the recommendation of ETTO. Other equipment and accessories must not be attached to the helmet other than those recommended by ETTO. Such actions may affect the helmets abilities to prevent damage.
- Take precaution for others and yourselves when bicycling or using skate board/roller blades.



GB



## Choose the right size:

The helmet is only protecting you optimally when it fits your head. Always try out different sizes and models so that you can choose the right one for you that feels secure and comfortable.

1. The helmets size is described in cm, calculated out from the heads circumference. Most of the bicycling helmets from ETTO comes in different sizes and with the ETTO Powerstrap adjustment system.



2. The correct size will have been selected when the helmet sits firmly on the head, without any uncomfortable pressuring point. Make sure that it is not any space between the head and the padding. Use ETTO Power strap to achieve an optimal fit.

3. Place the helmet horizontally on the head for optimal protection (see picture).

4. Adjust the straps so that they forms a Y shape, as close till the ear as possible and fasten the straps under the chin (see picture).

5. Adjust the chinstrap by loosen or tighten through the buckle.

The straps should sit tightly on your skin without being uncomfortable.

6. The buckle shall be positioned away from the jawbone.

7. Always fasten the chinstrap for optimal protection and correct use of the helmet.

### Etto Powerstrap®

Most of the ETTO bicycling helmets is equipped with ETTO Powerstrap adjustment system.



Turn the adjustment wheel clockwise to tighten the helmet around the head and counterclockwise to loosen it. The helmet should sit closely without uncomfortable pressure.

### Maintenance:

Clean ETTO bicycle helmets with a moist cloth and mild soap. Rinse the padding inside the helmet in hot water or wash it in the washing machine at 40°C. Store the helmet in a dry place without direct sun light. Transport the helmet in a secure way without the hazard of damaging it. Check to see if the helmet is damaged before using it.

We recommend that the helmet is replaced 5 years after the first use. If the helmet is involved in an accident, it must be replaced immediately.

This helmet is designed to protect impact caused by collision of head with an obstacle while cycling or roller skating, it has passed EN1078:2012+A1:2012 to show conformity to the EHSR of Regulation (EU) 2016/425.



Certified by:

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EU Declaration of Conformity:  
[www.etto.eu/ec-declarations-of-conformity/](http://www.etto.eu/ec-declarations-of-conformity/)

EN1078+A1:02/2013  
EU 2016/425

**etto**<sup>®</sup>

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Made in China

